

To: Healthworks		Fax #: 02 9956 5684	
Contact Details			
Order #:	Account #:	Date:	
Name:	Title:		
Company:			
Delivery Address:			
Suburb:	State:	Postcode:	
Country:	Phone:	Fax:	
Email: We will notify you of special offers, information and dis			
Title	Qty	Title	Qty
POSTERS ON SALE!		Other Posters in Stock	
ABC of Smoking		If You Twist, You Will Shout	
Address Your Stress		Report All Accidents and Hazards	
Are you Ready for Anything?			
Back in Action			
Back in the Driver's Seat		Drugs & Alcohol – Do You Know the Risks?	
Change Your Posture Regularly		Drugs & Alcohol – Party Commandments	
Cigarettes are Killers that Travel in Packs		Drugs & Alcohol – Time Bomb	
Dehydration is Easier to Prevent		Shiftwork – Feeling Shifty	
Don't Be a Bright Spark		Shiftwork – Be Shift Smart	
Drink to Good Health		Food Fix – Snack Attack	
Drugs and Alcohol cause Accidents		Food Fix – Got a Headache	
Emergency Execution		Food Fix – Chews Carefully	
Exercise Helps you Sleep Well		Food Fix – What You Eat (quote)	
Fight Fatigue		Heart Care – Smart Snacking	
Find an Exercise You Like		Heart Care – Action Plan	
Fitness. If it came in a bottle...		Heart Care – Smoking Kills	
Get Moving for a Healthy Heart		Winter Wellness – Fight the Cold War	
Give Yourself a Break		Winter Wellness – Defend Yourself	
Give Yourself a Hand		Winter Wellness – Wash Your Hands (Kill Germs)	
Handle with Care		Winter Wellness – Stop Germs!	
Happy Holidays		Winter Wellness – Don't Be the Fifth Guy	
Have you Done 30 Minutes of Exercise		Winter Wellness – Ten Ways to Stay Well...	
Injury prevention A-Z			
Office Exercises			
One Fall and Your Lights May Go Out			
Protect Yourself Outdoors			
Safety is Your Responsibility		Ask us about laminating your posters!	
Stretch Your Muscles		Your Order (GST inclusive)	
Stand and Stretch every 30 Minutes		Total number Posters	
Sunscreen Tips		X poster cost	\$
Teamwork		+ delivery	\$
Wash Your Hands		TOTAL cost Posters	
Will you make it Home Safely?		+ Handling	\$8.50
Your Life is in Your Hands		GRAND TOTAL	\$
Notes:			