

Get the drop on Winter

As we all know, prevention is better than cure.

So get the drop on winter absenteeism before it starts. Educate and motivate staff on all aspects of winter health - from the importance of hand hygiene to firing up enthusiasm for physical activity to flu vaccinations and what they can do for you.

This winter, Healthworks has 7 great ideas to contain contagion, help with hygiene and make your workplace winter-well!

1 Winter Wellness Booklet

With 12 easy to read, fact filled pages on staying well in winter, this is a great tool suitable for any workplace health budget.



2 Winter Health Packs

Get the winter wellness message across in a way that will be remembered with these handy Winter Health Packs! Employees can fight the cold war with a Winter Wellness booklet (or our new Colds, Flu and You brochure set and miniposter), tea, tissues, Strepsils and hand sanitiser.



3 Colds Flu & You Brochures

This pair of brand new brochures covering cold and flu prevention and recovery strategies are a quick easy read that's packed with information and tips for staying well this winter



4 Ten Ways To Stay Well Miniposter/Mousemat

This miniposter doubles as a mousemat, making your winter health message twice as visible. Printed on durable plastic, this A5 poster can be pinned to a wall or used on a desk. Either way - the winter health message is always on display.



5 Winter Wellness Posters

From posters that provide information to ones that grab attention with a single point, an ever expanding range means that we've got the poster to convey any health message your organisation wants to get across. We can also make custom posters to your specifications.



6 Winter Health Seminars

Engaging and informative, our Winter Health seminars leave participants ready to tackle any problems winter can throw at them. Available in three formats, our seminars are suitable for any business:

1. **In person** - an expert presenter will conduct a seminar at your workplace.
2. **DIY** - a "seminar in a box" that can be used as often as you wish, anywhere.
3. **eVision** - accessible anywhere at any time, our online eVision Winter Survival seminar is an experience jam-packed with information that is sure to be remembered and acted upon.



7 Flu Vaccinations

The stalwart of many a winter health program, ask us about flu vaccinations today. **2010 vaccinations are closed, but get in early for 2011 now!**

Package some of our educational material with the vaccinations to ensure maximum effectiveness of your winter health message!



Turn page over to order or get more details!

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