

“ It only takes  
a moment to  
ask a colleague  
if they are okay ”

**“ It only takes  
a moment to  
ask for help ”**

healthw<sup>o</sup>rks<sup>®</sup>

 national safe  
work month

“ It only takes  
a moment to speak  
up about safety ”

healthwörks®

 national safe  
work month




“ It only takes  
a moment to report  
a workplace risk ”

healthw<sup>x</sup>rks<sup>®</sup>

 national safe  
work month




**“ It only takes  
a moment to  
decide to make  
a positive  
change ”**



“ It only takes  
a moment to  
speak up if you  
are struggling ”

healthwörks®

 national safe  
work month




“ It only takes  
a moment to  
make a positive  
health choice ”

healthw<sup>o</sup>rks<sup>®</sup>

 national safe  
work month

“ It only takes  
a moment to  
ask for help ”

healthw<sup>x</sup>rks<sup>®</sup>

 national safe  
work month





**“ It only takes  
a moment to  
report a  
workplace risk ”**

**“ It only takes  
a moment to  
speak up if  
you are  
struggling ”**





**“ It only takes  
a moment to speak  
up about safety ”**

healthw<sup>x</sup>rks<sup>®</sup>

**national safe  
work month**

“ It only takes  
a moment to  
decide to make  
a positive change ”



**“ It only takes  
a moment to  
decide to make  
a positive health  
choice ”**

