

How to Handwash.



- 1 Wet your hands with clean, running water (warm or cold)
- 2 Turn off the tap and apply soap
- 3 Lather your hands by rubbing them together with soap
- 4 Lather the backs of your hands, between your fingers, and under your nails
- 5 Scrub your hands for at least 20 seconds
- 6 Rinse soap off



- 1 Make sure all organic matter is removed from hands
- 2 Apply approximately 5cm round drop of waterless hand sanitizer to the palm of one hand or use a waterless hand sanitizer wipe
- 3 Rub hands together covering all surfaces of hands and fingers
- 4 Rub until waterless hand sanitizer is absorbed